

13<sup>th</sup> July 2021

## Advice to All Parents - Single case

Dear Parents,

We have been advised by Public Health England that there has been a confirmed case of COVID19 within the school. We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

Identified family groups / bubbles are identified as direct contacts and therefore will be required to self-isolate.

**As a result, children from the family groups listed below should remain at home and self-isolate until Sunday 18<sup>th</sup> July.**

### Family Groups/Bubble Closure;

- Kaheesha's Group
- Anjeeta's Group
- Jackie's Group

All of these groups are from the Sunflowers Bubble, classroom 1.

### What to do if your child develops symptoms of COVID 19

#### This guidance is only required if your child does develop symptoms

Anyone with symptoms will be eligible for a PCR test and this can be arranged via <https://www.nhs.uk/askfor-a-coronavirus-test> or by calling 119.

Further information is available at:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The household isolation period includes the day the first person in your household's symptoms started (or the day their test was taken if they did not have symptoms) and the next 10 full days. This means that if, for example, your 10 day isolation period starts on the 15<sup>th</sup> of the month, your isolation period ends at 23:59 hrs on the 25<sup>th</sup> and you can return to your normal routine.



Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

## Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>.

If

you are concerned about your child's symptoms, or they are worsening you can seek advice from

NHS 111 at <https://111.nhs.uk/> or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

## Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely,

Headteacher

Sally Davies





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