

Fortnightly Lunch Menu – Autumn 1

Each day a varied salad bowl to be made available for each table for the children to self-select salad. We need to provide utensils for the children to select salad from each table.

To include; **cucumber batons, carrot batons and sweetcorn**

Add other selections each day eg **peppers, tomato, and lettuce** Approx x 1 tablespoon per cheese

Water jugs on each table

Week 1

Monday

- Tortilla wrap with a choice of **fish fingers** & cheese
- Plain pasta
- Bananas and custard

Tuesday

- Homemade pizza & wedges (children to prepare toppings)
- Natural yoghurt and honey

Wednesday – Packed lunch day

Thursday

- Pasta bake & garlic bread - Plain pasta alternative
- Fruit salad

Friday

- Wholemeal mini pitta bread pockets
- Choice of grated cheese or **vegetarian chicken nugget**
- Biscuit & jam made by Liz's/Kaheesha's/Susan's group



Week 2

Monday

- Wholemeal mini pitta bread pockets
- Choice of grated cheese or fish fingers
- Sponge cake made by Helen's/Taz's/Ruth & Shabina group

Tuesday

- Pasta bake & garlic bread - Plain pasta alternative
- Fruit salad

Wednesday – Packed lunch day

Thursday

- Homemade pizza & wedges (children to prepare toppings)
- Natural yoghurt and honey

Friday

- Tortilla wrap with a choice of vegetarian chicken nugget & cheese
- Plain pasta
- Bananas and custard

